

Snacks & Lunch Menu

Breakfast Menu (Served Until 1pm)

English Breakfast - 9.90€

Sausage, Bacon, Tomato, Mushrooms, Beans, Egg and Toast, and a Glass of Sparkling Wine.

Alvor Breakfast - 14.90€

Avocado, Smoked Salmon, Bacon, Poached Egg and Toast, and a Glass of Sparkling Wine.

Eden Breakfast - 11.90€

Ham, Cheese, Bacon, Scrambled Eggs, Jam and Toast, and a Glass of Sparkling Wine.

Toast with Strawberry Jam - 6.00€

All Breakfasts Include One Cup of Coffee or Tea.

Snacks Menu (Served Until 6pm)

Vegetable Cream Soup - 5.00€

Cheese Toast - 4.50€

Ham and Cheese Toast - 5.00€

Cheese, Tomato and Oregano Toast - 6.00€

Fried Shrimps - 16.00€

Shrimp, Garlic, Lemon, Chilli, Vermicelli and Basmati Rice.

Cured Ham Sandwich with Brie Cheese and French Fries - 12.90€

Baguette, Cured Ham, Brie Cheese, Arugula and French Fries.

Chicken Sandwich with French Fries - 12.90€

Baguette, Grilled Chicken, Tomato, Lettuce and Garlic Mayo.

Steak Sandwich in "Bolo do Caco" with French Fries - 16.90€

Beef Steak, Bacon, Cheddar Cheese, Tomato, Caramelized Onion, Mustard and Arugula.

Quesadilla - 14.90€

Chicken, Peppers, Onion, Sweet Corn, Cheese, Coriander, Lime and Avocado Puree.

Smoked Salmon Wrap with Sweet Potato Fries - 14.90€

Smoked Salmon, Cream Cheese, Red Onion, Cucumber and Arugula.

Chicken Wrap with French Fries - 11.90€

Grilled Chicken, Cherry Tomato, Fried Onion, Chives, Peanuts, Balsamic Cream and Arugula.

Golfand Burger with French Fries - 15.90€

Fried Onion, Caramelized Red Onion, Cheese, Garlic Mayo and Watercress.



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Salmon Burger with Sweet Potato Fries - 16.90€

Beetroot Bread, Fresh Salmon, Fried Onion, Watercress and Yogurt Sauce.

Chicken Caesar Salad - 14.90€

Chicken Breast, Iceberg Lettuce, Cherry Tomatoes, Bacon, Croutons, Parmesan and Caesar Dressing.

Shrimp Salad - 16.90€

Shrimp, Iceberg Lettuce, Cherry Tomatoes, Mango, Peanuts, Red Onion and Mango Mayo.

Tapas (Served Until 6pm)

Truffled French Fries - 9.90€

Cheddar, Mozzarella and Parmesan Cheese, Bacon, Truffle Oil, Fried Onion and Garlic Mayo.

Chicken Wings with Sweet Chilli Sauce - 8.90€

Mozzarella Sticks with Garlic Mayonnaise - 8.90€

Trumpet Shrimp with Sweet Chilli Sauce - 8.90€

Shrimp in Potato Strings with Garlic Sauce - 8.90€

Fried Baby Squid with Sweet Chilli Sauce - 8.90€

Vegetarian Dishes

Vegetable Spring Rolls with Sweet Chilli Sauce - 8.90€

Aphrodisiac Salad - 13.90€ (Vegan)

Lettuce, Cherry Tomatoes, Peanuts, Mango, Strawberry, Blackberry, Raspberry, Blueberry, Walnut, Vinaigrette and Sesame Seeds.

Vegetarian Burger with Sweet Potato Fries - 14.90€

Beetroot Bread, Yogurt Sauce, Red Onion and Watercress.

Quinoa with Vegetables and Toasted Almonds - 16.00€ (Vegan)

Quinoa, Broccoli, Baby Carrots, Baby Corn, Purple Cauliflower, Red Onion and Almonds.

Chickpea Curry - 19.00€ (Vegan)

Chickpeas, Curry, Broccoli, Red Cabbage, Pak-Choi, Baby Carrot, Baby Corn, Rice, Raisins and Almonds.

Vegetable Spaghetti - 17.00€

Broccoli, Baby Carrot, Baby Corn, Red Cabbage, Pak-Choi and Tomato.



Hot Lunch Dishes (Served from 12pm to 3:30pm)

Couvert - 4.90€

Bread, Butters, Flavored Olive Oil and Olive Paste.

Sirloin Steak with French Fries and Portuguese Sauce - 24.00€

Salmon with Mashed Potatoes - 21.00€

Broccoli, Baby Carrots and Lupo Roe.

Spaghetti Bolognese - 15.00€



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VAT included at the current legal rate

Before placing your order, please inform us if you have any allergies or food intolerances. A list of allergens is available for consultation.

Carta de Snacks & almoço

Pequeno-Almoço (Servido Até às 13h)

Pequeno-Almoço Inglês - 9.90€

Salsicha, Bacon, Tomate, Cogumelos, Feijão, Ovo e Torrada, com um Copo de Espumante.

Pequeno-Almoço Alvor - 14.90€

Abacate, Salmão Fumado, Bacon, Ovo Escalfado e Torrada, com um Copo de Espumante.

Pequeno-Almoço Eden - 11.90€

Fiambre, Queijo, Bacon, Ovos Mexidos, Compota e Torrada, com um Copo de Espumante.

Torrada com Doce de Morango - 6.00€

Todos os Pequenos-Almoços Incluem Uma Chávena de Café ou Chá.

Menu de Snacks (Servido Até às 18h)

Creme de Legumes - 5.00€

Tosta de Queijo - 4.50€

Tosta Mista - 5.00€

Tosta de Queijo, Tomate e Orégãos - 6.00€

Camarão Frito - 16.00€

Camarão, Alho, Limão, Malagueta, Aletria e Arroz Basmati.

Sandes de Presunto com Queijo Brie e Batata Frita - 12.90€

Baguete, Presunto, Queijo Brie, Rúcula e Batata Frita.

Sandes de Frango com Batata Frita - 12.90€

Baguete, Frango Grelhado, Tomate, Alface e Maionese de Alho.

Prego em Bolo do Caco com Batata Frita - 16.90€

Bife de Novilho, Bacon, Queijo Cheddar, Tomate, Cebola Caramelizada, Mostarda e Rúcula.

Quesadilla - 14.90€

Frango, Pimentos, Cebola, Milho Doce, Queijo, Coentros, Lima e Puré de Abacate.

Wrap de Salmão Fumado com Batata-Doce Frita - 14.90€

Salmão Fumado, Queijo Creme, Cebola Roxa, Pepino e Rúcula.

Wrap de Frango com Batata Frita - 11.90€

Frango Grelhado, Tomate Cherry, Cebola Frita, Cebolinho, Amendoins, Creme Balsâmico e Rúcula.

Hambúrguer Golfland com Batata Frita - 15.90€

Cebola Frita, Cebola Roxa Caramelizada, Queijo, Maionese de Alho e Agrião.



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Hambúrguer de Salmão com Batata-Doce Frita - 16.90€

Pão de Beterraba, Salmão Fresco, Cebola Frita, Agrião e Molho de Iogurte.

Salada Caesar de Frango - 14.90€

Peito de Frango, Alface Iceberg, Tomate Cherry, Bacon, Croutons, Parmesão e Molho Caesar.

Salada de Camarão - 16.90€

Camarão, Alface Iceberg, Tomate Cherry, Manga, Amendoins, Cebola Roxa e Maionese de Manga.

Tapas (Servidas até às 18h)**Batata Frita Trufada - 9.90€**

Queijo Cheddar, Mozzarella e Parmesão, Bacon, Azeite Trufado, Cebola Frita e Maionese de Alho.

Asas de Frango com Molho Sweet Chilli - 8.90€**Palitos de Mozzarella com Maionese de Alho - 8.90€****Camarão Trompete com Molho Sweet Chilli - 8.90€****Camarão em Fios de Batata com Molho de Alho - 8.90€****Lulinhas Enfarinhadas com Molho Sweet Chilli - 8.90€****Pratos Vegetarianos****Crepes de Legumes com Molho Sweet Chilli - 8.90€****Salada Afrodisíaca - 13.90€ (Vegan)**

Alface, Tomate Cherry, Amendoins, Manga, Morango, Amora, Framboesa, Mirtilo, Noz, Vinagrete e Sementes de Sésamo.

Hambúrguer Vegetariano com Batata-Doce Frita - 14.90€

Pão de Beterraba, Molho de Iogurte, Cebola Roxa e Agrião.

Quinoa com Legumes e Amêndoa Torrada - 16.00€ (Vegan)

Quinoa, Brócolos, Cenoura Baby, Milho Baby, Couve-Flor Roxa, Cebola Roxa e Amêndoa.

Caril de Grão - 19.00€ (Vegan)

Grão, Caril, Brócolos, Couve-Roxa, Pak-Choi, Cenoura Baby, Milho Baby, Arroz, Passas e Amêndoa.

Esparguete de Legumes - 17.00€

Brócolos, Cenoura Baby, Milho Baby, Couve-Roxa, Pak-Choi e Tomate.

**Pratos Quentes (Servidos das 12h às 15h30)****Couvert - 4.90€**

Pão, Manteigas, Azeite Aromatizado e Pasta de Azeitona.

Bife da Vazia com Batata Frita e Molho à Portuguesa - 24.00€**Salmão com Puré de Batata - 21.00€**

Brócolos, Cenoura Baby e Ovas de Lupo.

Esparguete à Bolonhesa - 15.00€

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